

Grade 2 Life Skills

WATER



Term 1 Week 2

2

Water gives us life

Term 1 - Week 1 - Worksheet

Let's talk

Why do we need water?
People, plants and animals
need water to stay alive.
It also helps our bodies to
remove waste products.



Let's do

Every day we use water in our homes. Tell your friend about all the things you
can think of that we use water for. Then draw 4 pictures to show how we use
water. Write a caption above each picture to explain what it is about.

Date: _____

Why is water important?

Without water, life is impossible. Let's look at a few examples that show the importance of water for plants and animals:

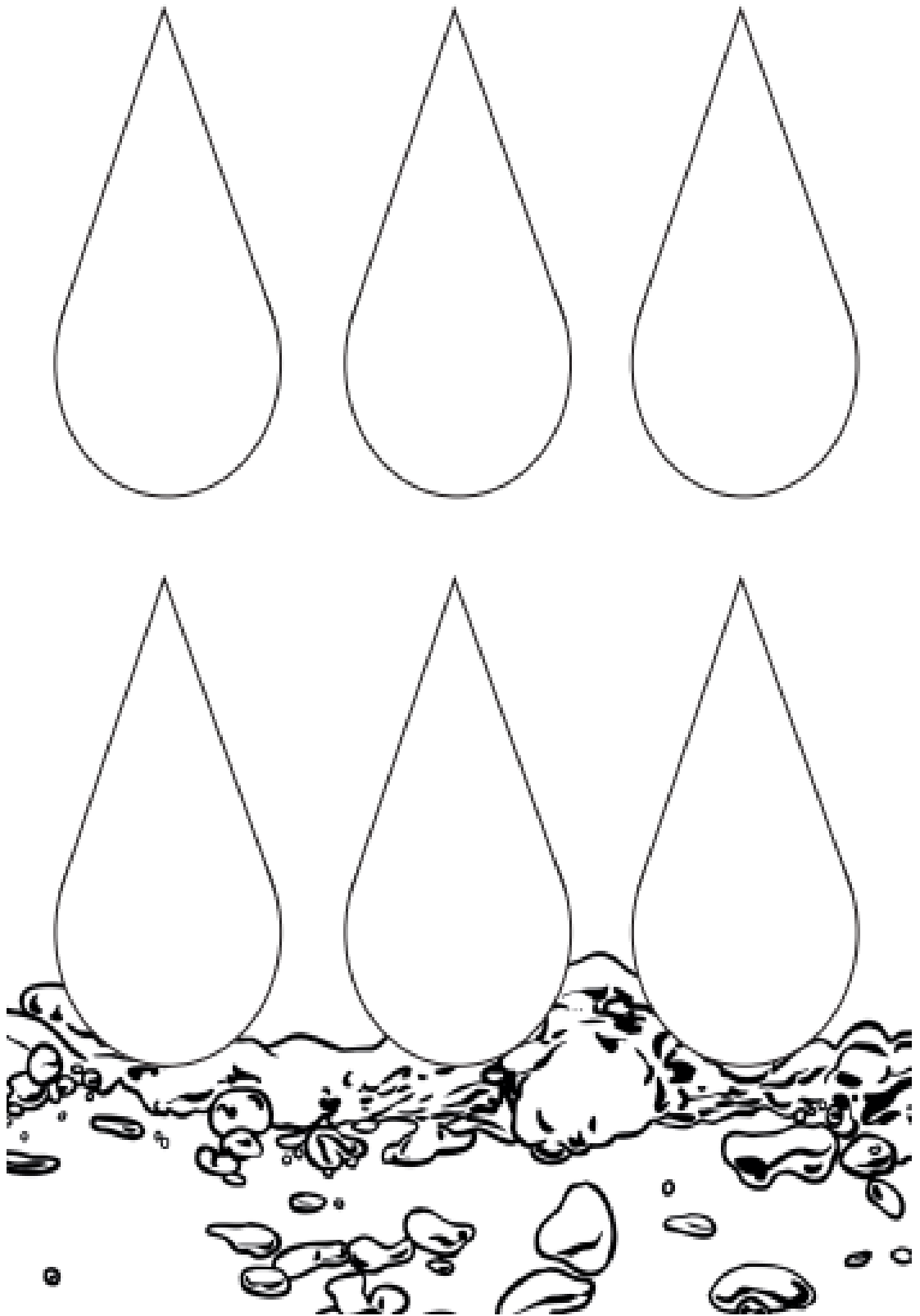
About 80% of the body of a land based plant and 60% of the body of a human is made up of water. This water prevents the temperature of the plant or animal from rising too high when it's hot, or falling too low when it's cold.

Blood flows because it mainly consists of water.



Uses of Water

Fill in each droplet with a different way you use water in your everyday life!



3

Term 1 - Week 2 - Worksheet

We save water

Let's talk

Water is very precious, so we should not waste it. Talk to your friends about different ways in which we can save water.



Let's write

Write two ideas for saving water in the spaces below.

1. _____

2. _____

Let's do

Use your crayons to make a colourful poster about saving water. Your poster should encourage others to save water. When you've made your poster, show it to your friends.



Date:

How to Save Water

Use a watering can to water plants.



Take shorter showers – use a timer.



Mulch around plants to hold water in the soil.



Be a leak detective – check taps and hoses.



Turn the tap off when brushing teeth or soaping hands.



Use the half flush on the toilet.



4

Clean air gives us energy

**Let's read**

The air we breathe in has oxygen. This helps our bodies to use the food we eat. We then get energy to live. When we breathe in dirty air, our bodies cannot work well.

**Let's write**

Sit with your friend. Together, fill in the spaces below:

I need clean air because _____

When air is dirty _____

Air gets dirty when _____

What we can do to keep air clean:

1. _____

2. _____



Date: _____

Date:



Let's read

People need sunlight to be happy and healthy. It helps our bodies make Vitamin D. We need this to form strong bones. Too much sunlight can also be bad. We can get painful sunburn. You should use sun block or a sun hat to protect your skin from the sun.



Let's write Fill in the spaces below:

I can be safe from too much sunlight if I:

1.

2.

3.



Let's sing

Sing this song and clap the beat.



You are my sunshine

My only sunshine.

You make me happy

When skies are grey.

You'll never know, dear,

How much I love you.

Please don't take my sunshine away.

You should use sun block and wear a sun hat to protect your skin from the sun rays.



